

# Dominion Club News

SEPTEMBER 4, 2008

VOLUME 3, ISSUE 9



## *Vote to Lower Lamp posts—NO!*

A community vote was sponsored by the DCHA board proposing to lower lamp posts for easier maintenance at a cost of \$100 each.

All votes received and tabulated by the midnight deadline August 22, 2008 resulted in a strong **NO** to lowering lamp posts. This was the epitome of democracy in action.

There were a total of 84 responses from our 100 households. Email and letter votes received tallied **51 votes for NO; 31 votes for YES**, and 2 abstained. Sixteen homeowners did not vote.

An unexpected outcome of the balloting was the number of people who volunteered their services for numerous maintenance activities. They will be added to a new section in the next Dominion Club Vendor Services Directory.

The board reminds folks that individuals **DO NOT** have the option to lower lamp posts on their own. The Village of New Albany regulations require that all lamp posts need to be of equal or consistent height within a neighborhood.

Despite the request for a YES or NO vote, many folks offered diverse and interesting perspectives on the issue.

Comments included:

*"I don't like asking volunteers because if they fall, I would feel very badly."*

*"Whose insurance is liable if one*

*of the volunteers is injured?"*

*"I can use volunteers or a relative to change the bulb for me."*

*"I don't want the wire ripped-up and damaging my yard."*

*"I can change the bulb myself."*

*"I use a long-lasting CFL bulb."*

*"This is a frivolous expenditure."*

The results of the balloting are final. The lamp post issue is closed.

Thanks to Barry Turner for investing a good deal of time to research requirements and obtain quotes from which an informed decision could be made.

The volunteers who will be included in the next Vendor Services Directory are:

### **Certain Electrical Repairs**

Ron Stauffer 855-5178

### **Computer Lessons**

Ron Stauffer 855-5178

### **The Lamplighters - (will change the lamp post bulbs)**

Dan Axline 855-0210

Malcolm Bean 855-1856

Denny Hartman 775-9987

Ken Mead 283-9709

Ron Stauffer 855-5178

Bob White 775-6044

### **Repaint Mailboxes**

Ron Stauffer 855-5178

### **Repair Mailboxes**

Ron Stauffer 855-5178

Thanks to all who have offered their assistance!

**Mark your calendar now for upcoming Dominion Club parties - don't miss all the fun!**

- ◆ September 19 - Weenie Roast
- ◆ October 31 - Halloween Haunt
- ◆ December 5 - Holiday Party

### **DCHA Quarterly Meeting**

- ◆ October 16 - 7 pm Clubhouse



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## Home Safety for Older Adults

Joan, a 78-year-old retired schoolteacher in Rhode Island, enjoyed reading the newspaper in the morning. One day, when the doorbell rang, Joan put her newspaper aside and got up from her chair to answer the door. The room seemed to swim, and Joan stumbled sideways trying to regain her balance. That's when the dog rushed underfoot, barking at the door. Joan fell hard, crying out in pain as she hit the floor. She couldn't get up. She had to pull herself forward on the floor to get to the phone, and dialed 911. Later, in the hospital emergency room, her worst fear was confirmed: Her hip was broken. She'd have to stay in the hospital at least a week and possibly longer. Joan is now worried that she will have to live in a nursing home.

One bad fall is all that may stand between you and a nursing home. Although falls are probably best known for causing hip fractures, they can also cause other types of fractures, soft tissue injury, and brain injuries, depending on how you land. The impact on your day-to-day life can be enormous: Activities you now take for granted, like being able to get dressed, bathe yourself, or go shopping, may all be impossible if you injure yourself badly enough. Falls also kill people, and the risk of dying from one increases with age.

The situation is quite serious for people who break a hip during a fall. Most hip fractures can be repaired only through an operation. In some cases, the surgeon inserts a pin to stabilize the joint. In others, a hip replacement operation—in which the joint is replaced—may be nec-

essary. You may think that it can't happen to you, but the statistics indicate that it could.

### Facts about falls

- Falls are the leading cause of accidental deaths and nonfatal injuries in the home.
- One in three people over age 65 fall in the course of a year.
- About 3%–5% of falls cause a fracture, most often in the arm, hip, leg, or spine.
- People ages 65–74 are twice as likely to die from a fall as younger people; people ages 85 and older are almost 30 times as likely to die from one.

*"Falls are the leading cause of accidental deaths and nonfatal injuries in the home"*

### Address physiological factors

It's not just poor vision and physical weakness that contribute to falls. Other medical conditions—such as depression, cognitive impairment, and the use of multiple prescription medicines—are less obvious factors. The more risk factors you have, the greater your likelihood of falling. Fortunately most of the risk factors for falling or being injured in a fall can be addressed in a way that will improve your chances of remaining healthy at home. Anyone who is 75 or older should ask a doctor for advice about how to prevent falls. Those who are younger but have multiple risk factors, or who have previously fallen, should also ask for advice.

*From: Home Safety for Older Adults, A Special Health Report from Harvard Medical School*

## Pool Closing End September

**Closing end of September...weather permitting.** Barry Turner says that he wants to keep the swimming pool open

until the end of September. It all depends on the weather. If September is cool and/or cloudy, the pool will be closed earlier.



## *When I was a Little Girl ...*

*by Karen Collins*

When I was a little girl, stop signs were octagonal as now, but bright yellow with black letters. An occasional red stop sign marked a particularly dangerous intersection. Most traffic lights were only red and green and roads had no white edge lines. Many a residential corner sported a small cast iron mailbox affixed atop a post, painted government green.

At the grocery store, eggs were brown, except just before Easter, when white ones magically appeared ready for coloring.

In winter, on a cold morning, my mother might say, "Stay covered up in bed, the fire has gone out." I pictured my father standing before the huge coal furnace quietly cursing as he tried to get a new fire started.

My grandfather cut a little door in our wide wooden porch banisters as a place for the milkman to put the glass bottles he delivered each morning. It wasn't enough shelter to keep them from freezing if you failed to bring the bottles in quickly enough. Some cold mornings, the cream rose out of the bottle's tall neck, taking the paper cap with it.

One special winter night, my father lifted me out of my warm bed, wrapped me in a quilt and carried me into the backyard to see the northern lights.

In summer, skywriters wrote quickly fading messages across the pale blue sky.

My mother and grandmother canned jar after jar of peaches, pears, and cherries and made jam from my grandmother's Concord grapes. I sat under the arbor and ate as many grapes as I could, spitting out the seeds.

I wore my skate key around my neck every day, hanging from a piece of yarn. I had a cache of stones that could scratch a decent hopscotch onto the slate of our city sidewalks and a length of clothesline for a jump rope. I played hide and seek across several backyards with the neighborhood kids in the twilight and no one feared for our safety.

Once in a while on a summer night, we made beds on the living room floor because the upstairs was too hot for sleeping.

Almost every house on our street had a front porch either furnished with a glider or heavy metal chairs that burned your legs on a hot day or both. Our glider was green, always squeaked a little, and had heavy canvas pillows that took a week to dry after a rain. We sat on that glider in the summer darkness – after I, in my cotton pajamas, had upset the courting plans of quite a few lightning bugs - and my parents sang – my father's rich baritone and my mother's wavering soprano – *Let Me Call You Sweetheart, Just a Song at Twilight*, and *Now the Day is Over*.

*"I gauge how much  
older I'm getting by  
the increasing  
number of times I  
say to my  
grandchildren,  
'When I was a little  
girl ...'"*

## *Old Fashioned Weenie Roast*

Save the date of Friday, **September 19, 2008**, for an Old Fashioned Weenie roast at the Dominion Clubhouse at 6:30 p.m.

Everyone will cook his or her own Weenie over an open wood fire. It should be a lot of fun. We will provide the Weenies

and Buns, along with the fixing's for S'mores. Please bring a covered dish or dessert to share. Also, bring your own drinks and \$3.00 each.

Call 855-7074 or e-mail to [johnbradshaw1@hotmail.com](mailto:johnbradshaw1@hotmail.com) for reservations.



## *Elections at the Next DCHA Meeting October 16*

The Dominion Club Homeowners Association (DCHA) will hold its 2008 annual election meeting at 7:00 P.M., Thursday, October 16th, at the DC clubhouse.

The Purpose of the meeting is to review the financial status and operation of the DCHA, then entertain nominations from the floor and elect three new trustees, each for a two year term.

The meeting serves as a quarterly open meeting for residents to share information of common and current interest with the board. Homeowners should submit questions in writing by October 8th to Trustee Dean Jauchius at [jauchius@insight.rr.com](mailto:jauchius@insight.rr.com), or by mail to 6935 Camden Drive.

Towne Properties will mail information to all homeowners this month regarding the meeting along with instructions, nomina-

tion applications/profile forms and proxy forms. Homeowners wanting to nominate an individual to be a candidate for trustee, or who themselves want to be a nominee, should return the nomination application to Towne Properties no later than October 8, 2008.

Nomination Forms (including profile information on the back) may be found on the counter at the clubhouse.

Proxy Forms for those who wish to vote but will not be able to attend the meeting may also be found on the counter at the clubhouse.

Mailing instructions and the October 8, 2008 final date are listed on the forms.

Trustees Urban Kraus, Barry Turner, and Bob Hire are the departing trustees for whom the elections will seek replacement.

*"...entertain nominations from the floor and elect three new trustees, each for a two year term"*

## *1st Annual Senior Appreciation Scramble*

On Thursday, August 14, 2008 three teams embarked on an appreciation outing at 8:00 AM at the New Albany Links Golf Club. One of the members consistently coordinates weekly outings by setting up tee times, arranging transportation, and generally keeping all who participate on-time.

Prize money for the first place team, long drives, and closest to pin were awarded.

First Place Team—Nelson Merrell, Butch Whaley, Don Rowles, Fred Steinhaus

Second Place Team—Bob Hire, Bob Kunovich, Jim Roche, Dave Ewing

Third Place Team—Tom Roth, Dave Ewing, John Bradshaw, Dave Kretschmaier

Longest Drive on hole #4—Tom Roth

Longest Drive on hole #14—Jim Roche

Closest to pin on hole#11—Bob Kunovich



**1st**



**2nd**



**3rd**

Community Notes...

<b>DCHA Board</b>
<p><b>Urban Kraus</b> Chairman 855-1967 <a href="mailto:cukraus@mac.com">cukraus@mac.com</a></p> <p>Rules, Legal and Administration committees</p>
<p><b>Dean Jauchius</b> President 855-7201 <a href="mailto:jauchius@insight.rr.com">jauchius@insight.rr.com</a></p> <p>Design Review and Communications Committees</p>
<p><b>Barry Turner</b> Vice-President 855-9554 <a href="mailto:barry.turner@sbcglobal.net">barry.turner@sbcglobal.net</a></p> <p>Clubhouse &amp; Pool, Social, and Maintenance Committees</p>
<p><b>Gordon Schutt</b> Treasurer 855-9046 <a href="mailto:gordonschutt@aol.com">gordonschutt@aol.com</a></p> <p>Audit &amp; Planning Committee, Rep to Master Association</p>
<p><b>Open</b> Secretary</p> <p>Landscape &amp; Snow Removal, Committee</p>
<p><b>Towne Properties</b> Representative Becky Colburn 781-0055 <a href="mailto:beckyc@tp1.com">beckyc@tp1.com</a></p>

**Stitchery**—The DC stitchery group will meet on Monday, September 8 and 22, in the clubhouse. Join us!

**Clubhouse News**—Barry Turner reports that the carpet was cleaned on August 18th and other minor repairs were made. The outside lights have been replaced and are shining brightly.

**September Lawn Care**—In addition to mowing, September may bring the last pruning to selected shrubs in our neighborhood.

Be sure your lawn has about one inch of water a week to get it healthy before entering the winter months.

Don't over water, as that can promote unhealthy lawns at this time of year. If you did not water enough during the summer, playing catch-up doesn't work well with lawns. Let fall rains or your watering activity of around one inch per week try to get it back to health.

**Welcome New Committee Members:**

**Debbie Tewanger** joined the *Design Review Committee*. Debbie works for The Travel Authority, but volunteered her assistance to the

DRC. Debbie's husband, Steve, is interested in design, and may lend a hand where/when needed.

**Martha Campbell** joined the *Communications Committee*. Martha is a retired Presbyterian minister and still active, with husband Alex, in the Broad Street Presbyterian Church.

**Clubhouse Library**—Because of the generosity of DC residents, our library has grown quickly. In fact, it has grown to the point where it is necessary to call a halt to contributions. We just have no more shelf space. If you haven't browsed the shelves lately, stop in soon. You might find something interesting!

**Weenie Roast Advice**—If you're bringing Brats, Kielbasa or any other sausage or "Turkey" version of it to the weenie roast, you can poke holes in the links with a table fork, par boil them for awhile to get any excess fat out before they hit the grill. A little taste enhancement can be accomplished by using a heavy beer as most of the "boiling agent" to get "Beer Brats" ready for the grill.



**If you have contributions for the newsletter or something to communicate to the Dominion Club community, contact a member of the Communications Committee:**

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