

Dominion Club News

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Board Notes

www.dominionclub.org

Clubhouse Pool —Due to the Ohio Governor’s Stay Safe at Home Orders, our clubhouse pool must remain closed until approval to open is provided by the State and the Franklin County Public Health Department.



Mark your calendar now for upcoming Dominion Club events - don't miss all the fun!

◆ TBA

Our pool maintenance company, Endless Summer, has been approved as an “essential service” and been given authorization to prepare pools so they are ready for swimmers as soon as the Governor’s order is lifted or modified.

Be on the lookout, so you can stop scams before they happen. Here are recent Coronavirus scams to watch for:

**DCHA Annual Homeowners Meeting—October 15, 2020
7pm at the clubhouse**

As a result, the Board has approved Endless Summer to prepare our pool for the season and to provide the weekly maintenance to keep it ready and safe.

- Robocalls offering you respiratory masks they'll never send
- Social media posts fraudulently seeking donations for non-existent charities, or claiming to give you stimulus funds if you enter your bank account information
- Fake testing kits, cures, "immunity" pills, and offers for protective equipment



Clubhouse Clean-Up Day is deferred until the Stay Safe at Home Order is lifted or modified and any special rules are known for opening the pool.

Clubhouse Rental/Meetings — The clubhouse is not available for rental or for groups of homeowners to use due to the Governor’s Stay Safe at Home Order until it is modified or lifted.

It is the board’s intention to open the clubhouse for rental/homeowner meetings and the pool assuming the Governor’s Order and the Franklin County Public Health Department approve, and that any remaining rules are practical for us to implement.



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Happy Birthday!



Despite the “social distancing”, our neighbors are still celebrating! Happy Birthday to Phyllis Solove and Carol Miceli!

Jeff & Phyllis Solove



Carol & Chuck Miceli



Know Your Neighbors by John Bradshaw



Stan and Brenda Evans purchased 6929 Camden Drive in February, 2019 and small updates to the kitchen and family room are in progress.

They have a home and working farm operation in Jackson County, Ohio. They have a Ewe/Lambing operation that sells lamb to restaurants and private individuals, an apple and peach orchard, and fields planted with soybeans.

After several years in management at Merrill Lynch, Stan continues to work as founder and principal of Evans Wealth Management in Gallipolis, Ohio.

Brenda recently retired as an RN/Hospice Nurse at Southern Ohio Medical Center Hospice in Portsmouth, OH. She will volunteer 2-3 days every couple weeks at Kobacker House/Ohio Health Hospice.

They have three children and four grandchildren who reside and work in the New Albany area. Oldest son Daniel is an Intervention teacher at New Albany High School. His wife Jessie is a music teacher in the Worthington Kilbourne school district. They have a 5 year old son, and a set of 3 year old twins. Daughter Johnna is a lawyer in Westerville and husband Rob Riddle is a realtor with New Albany Realty, and they have a 1 year old son. David is their youngest son and he is married to Alexandra. David is a realtor with New Albany Realty and Alex works for Share Micro Transit in Grandview.

The Evans Family look forward to spending additional time with their children and grandchildren, and fun times with our new neighbors in our new community.



Joel and Dave Roberts, purchased the home at 7061 Camden Drive. They are making some interior changes and expect to move-in within the next few weeks.

Here's a note from Joel:
"Hello neighbors!

Dave and I are excited to be moving into your wonderful neighborhood! Dave is a native of Granville, and I've been living there since we married, 34 years ago. We have two daughters, Lindsey (30yrs old) and Dannie (24yrs old). They are both still single, so no grandkids yet.

We both retired from the medical industry, where we were involved in sales and management. Since it was time to down-size and be closer to our daughters, we started looking for a new home. Having advanced in age, we both wanted less yardwork, a nice quiet neighborhood, and friendly neighbors!! So we stumbled on Dominion Club!

We are making some improvements to the home on Camden and are in the process of selling our home in Granville.

Hopefully Dave, I, and our dog Toby can be moving in soon! We like to travel and spend a lot of time on a lake in upper Michigan, as well as visiting Joel's family in North Carolina. See you soon at the pool!!"

WELCOME

Weight Loss Is Harder Than Rocket Science

We all have different ways to judge whether or not we need to lose weight. Some of us are always happy the way we are; some worry that our clothes are getting too tight or notice changes in the mirror; and others, especially doctors, pay attention to body-mass index or BMI.

BMI is given by a straightforward mathematical formula: weight (technically mass) divided by height squared, where weight is in kilograms and height in meters. The idea is that taller people should naturally weigh more, so we need some sort of ratio between weight and height. But why is height squared?

Mathematically, areas increase according to length squared, but volumes according to length cubed. A 12-inch pizza isn't twice the size of a 6-inch pizza, but four times the size, whereas a 12-inch watermelon would be about eight times the volume of a 6-inch one.

Humans are three-dimensional, not flat like pizzas, but the formula for BMI seems to treat us as two-dimensional objects. One mathematical interpretation of the formula is that as humans get taller, their measurements should not scale up in all directions. Perhaps we expect tall people to be wider but not thicker from front to back.

The idea behind BMI was proposed in 1832 by the statistician Adolphe Quetelet, who wasn't trying to define a healthy weight but to model a bell curve or normal distribution of human body sizes. He studied heights and weights and observed that weight tended to increase not according to the cube of height but with its square. The Quetelet index was renamed the body-mass index in 1972 by physiologist Ancel Keys, but it still wasn't meant to measure the health of individuals, only to show trends among populations.

One reason the BMI model runs into problems when applied to individuals is because it doesn't take body composition into account. It uses the crude measure of weight without distinguishing between muscle and fat, even though excess fat is much more likely to be detrimental to health than large amounts of muscle. Measuring fat composition directly comes with its own problems, however, so BMI is used as a simpler model.

The variations in our individual biology are always going to make it hard to model anything about humans precisely. It is sometimes said that "losing weight isn't rocket science"—a field that is popularly invoked to indicate extreme difficulty. It's true that rocket science involves much more complicated formulas than the one for BMI. But rocket science is arguably simpler than weight loss, in the sense that it involves less unpredictability and variation. We control how rockets are made, and they don't change their material composition over time.

That is why the relationship between math and physics is generally much closer than the relationship between math and biology. But mathematical models are still helpful even when caveats and exceptions are needed. Just because an idea is expressed mathematically doesn't mean it's always right; but equally, just because a mathematical model isn't always right doesn't mean it's completely wrong. The point of a mathematical model is to produce a theoretical version of a real-life situation, which sometimes involves trading precision for simplicity. It's easy to dismiss BMI out of hand because of its flaws, but it's more productive for us to use math appropriately, in full awareness of both its shortcomings and its many benefits.

—By Eugenia Cheng
Wall Street Journal, Jan. 30, 2020



The equation behind body-mass index is simpler than the math used in space flight, but measuring human bodies is a tricky business



Mia Land O'Lakes, 1928-2020

Land O'Lakes, the Minnesota farm co-op that sells its butter by the tubful, has silently laid off its longest-tenured saleswoman: "Mia," the figure of a Native American maiden who has enlivened its packaging for generations. Did the company see the pandemic as an opportune time to make this sure-to-be newsworthy change?

No, Land O'Lakes began to roll out its new packaging in February, so maybe butter lovers are only receiving or noticing it now. The co-op was founded in 1921, and as it "looks toward our 100th anniversary," the CEO said earlier this year, "we've recognized we need packaging that reflects the foundation and heart of our company culture." There was no mention of Mia's disappearing act.

Her roots trace to 1928, but she was redesigned in the 1950s by an Ojibwe artist named Patrick DesJarlait, according to the Minneapolis Star-Tribune. "I'm sad to see it go," his son Robert told the newspaper, "but I can understand why it's gone. We live in a politically correct time, so maybe it was time to get rid of it."

Then he added: "But in our family, my dad's work is a source of pride for us. He broke barriers as an Ojibwe artist from Red Lake. Back then, you didn't find native people in those kinds of jobs, and this gave him the opportunity to put his spin on a well-known native image."

Mia wasn't an ugly stereotype. She was a sweet-looking woman holding a box of Land O'Lakes butter, on which she also appeared, recursively. If your face was on the side of a food package, wouldn't you be proud to show it off? But in America in 2020, a box of butter is never just a box of butter.

What's next, a protest that Lucky Charms trades in stereotypes and appropriates

Irish-American culture? An actor who voiced the leprechaun mascot on TV for decades admitted in 2005 that he wasn't Irish. Nobody had asked about that back when he auditioned in 1963. But during a brief period in the 1970s, Waldo the Wizard was a Lucky Charms pitchman. Maybe it's time to bring him back and make the leprechaun socially isolate for good.

—*Editorial, Wall Street Journal, April 20, 2020*

The butter company's Native American icon vanishes with no trace



The Old



The New

Around Our Community



Springtime around our community. Keeping our distance doesn't affect our friendliness! Thanks to our neighbor Deb Susi for the photos.

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Community Notes...

Stitchery—The DC stitchery group has suspended meeting pending revisions to the state's health order concerning social distancing and group meetings.

Looking for a Volunteer for the Block Watch Committee—The DCHA Block Watch promotes the security and safety of our community. They meet periodically with a member of the New Albany Police to exchange information. The officer shares information about crime in New Albany and makes suggestions for ways to protect our homes and personal safety.

Please contact board member **Pat Ewing** if you would like to join our Block Watch specifically to focus on New Albany Road East and Camden.

Drug Drop Box—permanently installed in the New Albany police station, 50 Village Hall Road, is available to residents to dispose of unused prescription and over-the-counter drugs. Disposing of medications is anonymous. Just empty your pills into a plastic bag and take them to the orange box in the lobby. The box is meant for pills only, **no liquids**, no syringes, and no pill containers. Recycle empty pill containers at home. All meds dropped into the box will be incinerated.

—thanks to Marty Day for the info



Thanks to our neighbor Madalyn Benjamin for this photo of a herd of deer in her backyard.



If you have contributions for the newsletter or something to communicate to the Dominion Club community, contact a member of the Communications Committee:

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